



First Presbyterian Church of Zephyrhills

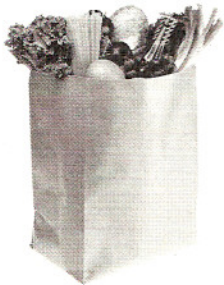
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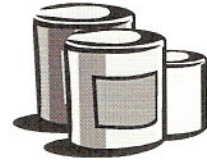
THE FOOD PANTRY NEEDS YOUR HELP

The Board of Deacons holds a Food Pantry once each month, on the second Thursday. Due to the difficult economy, requests for assistance have increased dramatically. We now provide food for over 100 families each month. This is consistent with what other local pantries have experienced.

Each family receives a bag of food. The following items are included in each bag:



- 1 can of **baked beans** – 15 oz.
- 1 box **macaroni and cheese** - 7.25 oz.
- 1 can **vegetables** – 14 1/4 or 15 1/4 oz.
- 1 can **fruit** – 15 oz.
- 1 can **soup** – 10.5 oz.
- 1 pkg. **raeman noodles**
- 1 can **Ravioli or Spaghettios** – 15 oz.
- 1 can **meat or tuna** – 5 oz.
- 1 jar **peanut butter** – 18 oz.
- 1 jar of **jelly** – 18 oz.
- 1 box of **spaghetti** – 16 oz.
- 1 jar/can of **spaghetti sauce** – 15 oz.
- 1 box of **cereal** – 1 lb.
- 2 rolls **toilet paper**
- 1 **detergent** – 42 oz.



These are the items which the Deacons distribute each month. When you do your shopping for yourself, will you consider picking up one or more of these items and bringing them to the church to help our food pantry. We don't expect you to purchase all of the items, but one or more would be extremely helpful.

This is an important ministry to our local community and we appreciate your help.

May God richly bless you for your generosity to those in need.